**Increase Creativity Report**

**Add & Subtract**

Explain what you decided to add and subtract from your daily routine this week.

[Explain what you decided here]

**Progress**

How many days have you already completed your additions and subtractions from your daily routine? Explain your experience so far.

[List days participated and your experience so far]

**Four Activities**

You will need to choose and complete four creativity increasing activities from the list provided. You should spend at least 20 minutes on each of these activities. You will describe your experience with each and you will need to find a way to record and showcase some results of each activity.

**Activity #1**

**[Insert activity name here]**

[Describe your experience with this activity here]

[Insert pictures, scans, lists, or other form of visual record here]

**Activity #2**

**[Insert activity name here]**

[Describe your experience with this activity here]

[Insert pictures, scans, lists, or other form of visual record here]

**Activity #3**

**[Insert activity name here]**

[Describe your experience with this activity here]

[Insert pictures, scans, lists, or other form of visual record here]

**Activity #4**

**[Insert activity name here]**

[Describe your experience with this activity here]

[Insert pictures, scans, lists, or other form of visual record here]

**Submission**

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